

Travel Readiness Checklist

Use this before every trip. This checklist covers the essentials that actually matter — documents, money, packing, and preparation that prevents problems.

Documents & Access

- Passport valid (6+ months remaining)
- Digital copy of passport stored on phone
- Backup copy accessible online
- Boarding passes saved offline
- Accommodation details saved

Money & Payments

- Primary credit card (no foreign transaction fees)
- Backup card stored separately
- Debit card for ATM access
- Small amount of local currency
- Travel alerts set if required

Packing System

- Carry-on only if possible
- 3–5 day clothing rotation
- Neutral mix-and-match items
- Comfortable walking shoes
- Lightweight layer

Health & Basics

- Prescription medications packed
- Basic kit (pain reliever, etc.)
- Reusable water bottle
- Sleep essentials (earplugs, eye mask)

Arrival Plan

- Transportation from airport planned
- Address saved and accessible
- Offline map downloaded
- First meal or grocery option identified

- Time to rest built in

Situational Awareness

- Know your area
- Keep valuables simple and secure
- Avoid overpacking
- Stay aware, not anxious